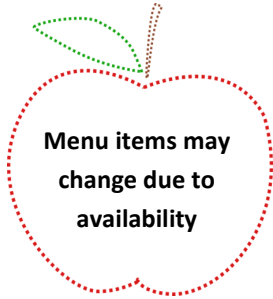


SEPTEMBER



Pay your school fees, manage your students accounts, and apply for free and reduced meals. Working together, we are Making Schools Stronger.

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THURSDAY 1

Oatmeal & Choc.
Chip Bar, Cran/
Rasp Juice & Raisins
LUNCH
Bean & Cheese
Burrito
Fiesta Corn
Blueberries

FRIDAY 2



MONDAY 5



TUESDAY 6

Cheerios & String
Cheese
LUNCH
Grilled Cheese
Sandwich
Baby Carrots &
Ranch
Sour Raisins

WEDNESDAY 7

Go-Gurt &
Grahams, Mixed
Fruit, Apple Juice
LUNCH
Turkey-Ham &
Cheese Sub
Mixed Veggies
Fresh Peach

THURSDAY 8

Blueberry Loaf,
Apple Crisps, Fruit
Punch
LUNCH
Beef Burrito
Bean & Cheese Cup
Fresh Nectarine

FRIDAY 9

French Toast Bar,
Apple Juice, Peach
Cup
LUNCH
Cheese Pizza
Steamed Broccoli
Pineapple

MONDAY 12

Chocolate Chip
Muffin Top, Orange
Juice, Tropical Fruit
LUNCH
Cheese / Green
Chile Quesadilla
Mexicorn
Fresh Pear

TUESDAY 13

Blueberry Muffin,
Strawberry/Kiwi
Juice, Pineapple
LUNCH
Orange Chicken &
Rice Bowl
Steamed Broccoli
Mandarin Oranges

WEDNESDAY 14

Oatmeal & Apple
Round, Tangerine
Juice, Pears
LUNCH
Breaded Chicken
Sandwich
French Fries
Blueberries

THURSDAY 15

Turkey-Ham &
Cheese Sandwich,
Cran/Rasp Juice,
Craisins
LUNCH
Turkey Hot Dog
Vegetarian Beans
Orange Wedges

FRIDAY 16

Cereal Bar, String
Cheese, Fruit
Punch, Mandarin
Oranges
LUNCH
Cheeseburger
Cucumbers w/
Ranch
Fresh Fruit

MONDAY 19

Lemon Chip Bar,
Apple Juice, Mixed
Berry Cup
LUNCH
Grilled Cheese
Sandwich
Green Beans
Strawberries

TUESDAY 20

Apple Loaf, Pear
Cup, Grape Juice
LUNCH
Beefy Macaroni &
Breadstick
CA Blend Veggies
Orange Wedges

WEDNESDAY 21

Banana Bread,
Fruit Punch,
Applesauce
LUNCH
Chicken Tenders &
Hawaiian Roll
Tater Tots
Strawberry-Apple
Crisps

THURSDAY 22

Kix Cereal, String
Cheese, Orange
Juice, Fruit Cup
LUNCH
Beefy Nachos
Seasoned Charro
Beans
Mixed Fruit

FRIDAY 23

Soft Cinnamon
Toast Crunch Bar,
Juice, Peaches
LUNCH
Cheese Pizza
Roasted Parmesan
Broccoli
Fresh Grapes

MONDAY 26

Banana Muffin,
Orange Juice,
Tropical Fruit
LUNCH
Chicken Nuggets
& Hawaiian Roll
Buttered Corn
Diced Pears

TUESDAY 27

Mini Cinnamon
Rolls, Grape
Juice, Peaches
LUNCH
Corn Dog
Seasoned Spiral
French Fries
Sour Raspberry

WEDNESDAY 28

Bagel w/ Cream
Cheese, Mandarin
Oranges,
Tangerine Juice
LUNCH
Macaroni &
Cheese
Garlic Broccoli
Sliced Peaches

THURSDAY 29

Honey Bar, Cran/
Rasp Juice,
Mixed Fruit
LUNCH
Red Chicken
Tamale
Tex-Mex Beans
Chilled Mango

FRIDAY 30

Kix, Cheese Stick,
Orange Juice,
Tropical Fruit
LUNCH
French Bread
Cheese Pizza
Vegetable Salad
Fresh Fruit

PK Breakfast and Lunch Menu

Milk, Juice & Fruit Variety Served Daily with Meals.



This institution is an equal opportunity provider.

Septiembre



Pague sus tarifas escolares, administre las cuentas de sus estudiantes y solicite comidas gratis oa precio reducido. Trabajando juntos, estamos fortaleciendo las escuelas.

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JUEVES 1

Barra de Avena c. Chocolate
LUNCH
Burrito de Frijol con Queso /Salsa
Elote
Hielito de Fruta

VIERNES 2



LUNES 5



MARTES 6

Pop-Tart Palito de Queso
LUNCH
Uncrustable de Many y Mermelada
Zanahorias/ Ranch
Pasas Agrias

MIERCOLES 7

Yogur y Galletas
LUNCH
Sandwich de Hamon de Pavo/ Queso
Jugo/Papitas
Fruta Fresca

JUEVES 8

Pan de Arandano
LUNCH
Taco en Palo de Carne/ Salsa
Frijoles c. Queso
Nectarina

VIERENES 9

Barra de Pan Frances
LUNCH
Pizza de Queso
Brocoli al Vapor
Pina

LUNES 12

Mollete
LUNCH
Quesadilla
Elote Y Salsa
Pera Fresca

MARTES 13

Mollete de Arando
LUNCH
Pollo Ala Naranja c. Arroz
Brocoli
Mandarina

MIERCOLES 14

Ronda de Harina de Manzana
LUNCH
Sandwich de Pollo Empanisado
Papas Fritas
Arandanos

JUEVES 15

Super Dona
LUNCH
Hot Dog de Pavo
Frijoles Vegetarianos
Gajos de Naranja

VIERNES 16

Bara de Cereal Palito de Queso
LUNCH
Hamburguesa/ Queso
Zanahorias y Pepino c. Ranch
Jugo de Manzana

LUNES 19

Mini Bocadas de Desayuno
LUNCH
Sandwich de Queso ala Parilla/Ejotes
Fresas

MARTES 20

Panecillo de Manzana
LUNCH
Maccaron c. Carne/Palito de Pan
Verduras
Gajos de Naranja

MIERCOLES 21

Pan de Platano
LUNCH
Tiras de Pollo Empanisado/ Pan Hawaiano
Papas Crujients
Manzana Frita

JUEVES 22

Cereal Apple Jacks y Palito de Queso
LUNCH
Nachos c. Carne
Frijoles Charro
Jugo de Uva

VIERNES 23

Barra de Desayuno
LUNCH
Pizza de Pepperoni
Brocoli
Uvas Frescas

LUNES 26

Mollete de Platano
LUNCH
Nuggets de Pollo y Pan Hawaiano
Jugo
Peras Picadas

MARTES 27

Rollos de Canela Mini
LUNCH
Corn Dog de Pollo / Papas Fritas
Pasas Agrias

MIERCOLES 28

Bagel y Queso Crema
LUNCH
Macarron con Queso
Brocoli
Taza de Durazno

JUEVES 29

Panecillo en Palito
LUNCH
Tamales de Pollo
Frijoles Charro
Mango c/ Tajin

VIERNES 30

Cereal y Palito de Queso
LUNCH
Pizza de Pan Frances
Ensalada de Verdura
Fruta Fresca

Menu de Desayuno y Almuerzo PK

