

November 2022



PK Breakfast and Lunch Menu



Paid Lunch : \$1.60

Reduced Price Lunch: \$.40

Adult Lunch: \$2.85

TUESDAY 1

Cheesy Alfredo w/
Breadstick
Steamed Broccoli
Fresh Peach
Breakfast
Cinnamon Rolls,
Grape Juice, Mixed
Berry Cup

WEDNESDAY 2

Cheese Nachos,
Refried Bean &
Cheese Cup, Fresh
Cantaloupe
Breakfast
Pancakes, Orange
Juice, Tropical
Fruit Bowl

THURSDAY 3

Chicken & Waffles,
Crispy Tater Tots,
Fresh Grapes
Breakfast
Bagel & Strawberry
Cream Cheese,
Apple Juice,
Starberry Cup

FRIDAY 4

French Bread Pizza,
Carrot Sticks w/
Ranch, Chilled
Blueberries
Breakfast
Banana Bread,
Fruit Punch,
Apple Crisps

MONDAY 7

Turkey Hot Dog,
Buttered Green
Beans, Sliced
Peaches
Breakfast
Cheerios & String
Cheese, Orange
Juice, Mixed Berries

TUESDAY 8

Red Chicken
Tamale, Mexicorn,
Fresh Orange
Wedges
Breakfast
Boiled Egg,
Grahams, Apple
Juice, Pineapple

WEDNESDAY 9

Cheeseburger,
Baked BBQ
Vegetarian Beans,
Fresh Fruit
Breakfast
Apple Frudel,
Cran/Rasp Juice,
Fresh Grapes

THURSDAY 10

Chicken Nuggets,
French Fries, Diced
Pears
Breakfast
Pancake on a Stick,
Strawberry/Kiwi
Juice, Strawberry
Cup

FRIDAY 11



MONDAY 14

Mini Chicken Corn
Dogs, French Fries,
Cinnamon Apples
Breakfast
Chocolate Chip &
Oatmeal Bar, Fruit
Punch, Mandarin
Oranges

TUESDAY 15

Orange Chicken &
Rice Bowl,
Carrot Coins,
Fresh Oranges
Breakfast
Honey Bun,
Mixed Berry Juice,
Mixed Fruit

WEDNESDAY 16

Turkey w/ Gravy &
Mashed Potatoes,
Roll, Craisins,
Sugar Cookie
Breakfast
Kix Cereal, String
Cheese, Orange
Juice, Fresh Grapes

THURSDAY 17

Cheese Pizza,
Steamed Broccoli
Florets,
Applesauce
Breakfast
Egg & Cheese
Burrito, Grape
Juice, Apple Crisp

FRIDAY 18

Turkey & Cheese
Deli Sandwich,
Tomato Slices,
Chips, Sour Raisins
Breakfast
Go-Gurt &
Grahams, Apple
Juice, Strawberries

November 21—25

Thanksgiving

Holiday Break



MONDAY 28

Bean & Cheese
Burrito,
Buttered Corn,
Chilled Mango
Breakfast
Cereal Bar,
Cran/Rasp Juice,
Diced Peaches

TUESDAY 29

Chicken Sandwich,
Potato Wedges,
Tropical fruit
Breakfast
Boiled Egg &
Scooby Grahams,
Fruit Punch,
Applesauce

WEDNESDAY 30

Fried Rice w/
Popcorn Chicken,
Garlic Broccoli,
Mandarin Oranges
Breakfast
Mini Maple
Waffles, Apple
Juice, Diced Pears

We encourage you to complete an online application for free or reduced-price meal benefits. The information provided on the school meal application may be used for other programs, such as Federal and State funding for your school, reduced registration fees for academic tests, free or discounted fees for athletic programs, discounted rates for internet service, and many more!
<https://family.titank12.com/application/new?identifier=TARLF2>

Menu items may change due to availability/ 1% Milk Served Daily

This institution is an equal opportunity provider. Contact us: 623.707.2059 or driley@fesd.org