

January 2023

PK Breakfast and Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Chicken Corn Dog French Fries Mandarin Oranges <u>Breakfast</u> Kix Cereal String Cheese Craisins Apple-Cherry Juice</p>	<p>3 Bean & Cheese Burrito Mexicorn Red Grapes <u>Breakfast</u> Blueberry Muffin Diced Pears Orange Juice</p>	<p>4 Chicken Sandwich BBQ Vegetarian Beans Orange Wedges <u>Breakfast</u> Breakfast Pizza Pineapple Cup Grape Juice</p>	<p>5 Cheeseburger Sliders French Fries Chilled Mango <u>Breakfast</u> Mini French Toast, Strawberry Cup, Tangerine Juice</p>	<p>6 Cheese Pizza Steamed Broccoli Warm Apple Crisp <u>Breakfast</u> Chocolate Chip Muffin Mandarin Oranges Apple Juice</p>
<p>9 Macaroni & Cheese Buttered Green Beans Fresh Strawberries <u>Breakfast</u> Honey Bar MIXed Fruit Straw/Kiwi Juice</p>	<p>10 Mini Chicken Corn Dogs Buttered Corn Kiwi Wedges <u>Breakfast</u> Mini Pancakes, Grape Escapes Apple Juice</p>	<p>11 Cheese Nachos Refried Beans Diced Melon <u>Breakfast</u> Go-Gurt & Goldfish Grahams Diced Peaches Fruit Punch</p>	<p>12 Turkey w/ Gravy Mashed Potatoes Hawaiian Roll Craisins <u>Breakfast</u> Breakfast Burrito Green Apple Slices Cran/Rasp Juice</p>	<p>13 Cheeseburger French Fries Red Grapes <u>Breakfast</u> Blueberry Crumble Pineapple Cup Grape Juice</p>
<p>16</p> <div style="text-align: center;"> <p>MLK DAY I HAVE A DREAM NO SCHOOL</p> </div>	<p>17 Cheese Quesadilla Charro Beans Fresh Salsa Chilled Mango <u>Breakfast</u> Cereal Bar w/ String Cheese, Applesauce, Tangerine Juice</p>	<p>18 Chicken Tenders and Waffles Tater Tots Spiced Apple Slices <u>Breakfast</u> Cinnamon French Toast, Mixed Berry Cup, Apple/Cherry</p>	<p>19 Fried Rice w/ Popcorn Chicken Carrot Coins Mandarin Oranges <u>Breakfast</u> Boiled Egg & Crackers, Apple Slices, Grape Juice</p>	<p>20 Cheese Pizza Roasted Veggies Blueberries <u>Breakfast</u> Cheerios Cereal String Cheese Apricot Cup Straw/Kiwi Juice</p>
<p>23 Chicken Nuggets Seasoned French Fries Sour Raisins <u>Breakfast</u> Banana Chocolate Chunk Bar Tropical Fruit Cup Orange Juice</p>	<p>24 Chicken Spaghetti w/ Breadstick Steamed Broccoli Fresh Fruit <u>Breakfast</u> Pancake & Sausage Sandwich, Sliced Apples, Fruit Punch</p>	<p>25 Grilled Cheese Sandwich Vegetarian Beans Mixed Fruit <u>Breakfast</u> Cinnamon Bun Strawberry Cup Tangerine Juice</p>	<p>26 Grilled Turkey & Cheese Sandwich Garbanzo Bean Salad & Oranges <u>Breakfast</u> Mini Bagels & Cream Cheese, Grapes, Apple Juice</p>	<p>27 Breaded Chicken Drumstick w/ Macaroni & Cheese Coleslaw, Pineapple <u>Breakfast</u> Blueberry Muffin Applesauce Cup Apple-Cherry Juice</p>
<p>30 Cheddar Burger Breaded Onion Rings, Blueberries <u>Breakfast</u> Nutri-Grain Bar & Cheese Stick, Mixed Berry Cup, Apple Juice</p>	<p>31 Orange Chicken Rice Bowl Carrots Coins Mandarin Oranges <u>Breakfast</u> Mini Maple Waffles Grapes Orange Juice</p>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Simply manage your student's account</p> <p>Paid Lunch \$1.60 Reduced \$.40 Adult Lunch \$2.85</p> </div>		

Titan School Solutions is an **online payment** service that provides parents the ability to securely pay for meals, monitor student cafeteria purchases and receive email notifications for low account balances.
<https://family.titank12.com>

This institution is an equal opportunity provider. Contact us: 623.707.2059 or driley@fesd.org
 Menu items may change due to availability. 1% Milk, Juice & Fruit Variety offered at all meals.