



August 2022

K-8 Breakfast and Lunch Menu

MONDAY 1

Mini Cinnamon Rolls
LUNCH
Chicken Corn Dog
French Fries
Sour Raisins

TUESDAY 2

Banana Muffin
LUNCH
Chicken Nuggets & Hawaiian Roll
Power Punch
Diced Pears

WEDNESDAY 3

Oatmeal & Choc. Chip Breakfast Bar
LUNCH
Bean & Cheese Burrito
Mixed Veggies

THURSDAY 4

Blueberry Loaf
LUNCH
Beefy Taco Stick
Cheesy Refried Beans
Fresh Nectarine

FRIDAY 5

Cereal & Cheese Stick
LUNCH
Pepperoni Pizza
Steamed Broccoli
Fresh Peach

MONDAY 8

Muffin Top
LUNCH
Chicken Quesadilla
Mexicorn & Salsa
Fresh Pear

TUESDAY 9

Super Donut
LUNCH
Turkey Hot Dog
Vegetarian Baked Beans
Fresh Orange Wedges

WEDNESDAY 10

Apple Oatmeal Round
LUNCH
Breaded Chicken Sandwich
French Fries
Blueberries

THURSDAY 11

Bagel & Cream Cheese
LUNCH
Macaroni & Cheese
Garlic Broccoli
Sliced Peach Cup

FRIDAY 12

Cereal Bar & String Cheese
LUNCH
Cheeseburger
Baby Carrots & Cucumber Coins w/ Ranch
Apple Juice

MONDAY 15

Honey Bun
LUNCH
Sloppy joe
Sweet Potato Waffle Fries
Fresh Fruit

TUESDAY 16

Mini Glazed Donuts
LUNCH
Grilled Cheese
Buttered Green Beans
Fresh Strawberries

WEDNESDAY 17

Apple Jacks & String Cheese
LUNCH
Beefy Nachos
Seasoned Charro Beans
Grape Juice

THURSDAY 18

Go-Gurt & Tiger Grahams
LUNCH
Chicken Tenders w/ Hawaiian Roll
Mashed Potatoes
Apple Chips

FRIDAY 19

Soft Filled Breakfast Bar
LUNCH
Cheese Pizza
Broccoli Florets
Chilled Pineapple

MONDAY 22

Banana Bread
LUNCH
Chicken Taquitos & Salsa
Black Bean & Corn Salad
Sour Watermelon Raisins

TUESDAY 23

French Toast Benefit Bar
LUNCH
Bacon Cheeseburger
Spiral Fries
Sliced Apple Packs

WEDNESDAY 24

Buttermilk Stick
LUNCH
Red Chicken Tamale
Mexicorn
Salsa & Mango w/ Tajin

THURSDAY 25

Chocolate Chip Muffin
LUNCH
Orange Chicken & Rice Bowl
Broccoli
Mandarin Oranges

FRIDAY 26

Cherry Frudel
LUNCH
French Bread Cheese Pizza
4-Way Mixed Veggies
Sidekick Fruit Slushy

MONDAY 29

Apple Loaf
LUNCH
Crispy Fish Sticks
Seasoned Potato Wedges
Fresh Grapes

TUESDAY 30

Pop-Tart & String Cheese
LUNCH
Beefy Macaroni & Garlic Breadstick
CA Blend Veggies
Orange Wedges

WEDNESDAY 31

Blueberry Crumb Cake
LUNCH
Chicken Bites w/ Waffle & Syrup
Power Punch Juice
Apple Crumble



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Augusto 2022

Menu de Desayuno y Almuerzo K-8

LUNES 1

Rollos de Canela Mini
LUNCH
Corn Dog de Pollo / Papas Fritas
Pasas Agrias

MARTES 2

Mollete de Platano
LUNCH
Nuggets de Pollo y Pan Hawaiano
Ponche
Peras Picadas

MIERCOLES 3

Barra de Avena c. Chocolate
LUNCH
Burrito de Frijol con Queso
Verduras Mixtas
Pina

JUEVES 4

Pan de Arandano
LUNCH
Taco en Palo de Carne
Frijoles Fritos
Nectarina

VIERNES 5

Cereal y Palito de Queso
LUNCH
Pizza de Pepperoni
Brocoli Alvapor
Durazno Fresco

LUNES 8

Mollete
LUNCH
Quesadilla de Pollo
Elote Y Salsa
Pera Fresca

MARTES 9

Super Dona
LUNCH
Hot Dog de Pavo
Frijoles Vegetarianos
Gajos de Naranja Fresca

MIERCOLES 10

Ronda de Harina de Manzana
LUNCH
Sandwich de Pollo
Empanisado
Papas Fritas
Arandanos

JUEVES 11

Bagel y Queso Crema
LUNCH
Macarron con Queso
Brocoli c. Ajo
Taza de Durazno

VIERNES 12

Barra de Cereal Palito de Queso
LUNCH
Hamburguesa/ Queso
Zanahorias y Pepino c. Ranch Jugo de Manzana

LUNES 15

Pan de Miel
LUNCH
Sloppy joe
Papas Fritas de Camote
Fruta Fresca

MARTES 16

Mini Donas Glaseadas
LUNCH
Sandwich de Queso Ala parilla
Ejotes
Fresas Frescas

MIERCOLES 17

Cereal y Palito de Queso
LUNCH
Nachos c. Carne
Frijoles Charro
Jugo de Uva

JUEVES 18

Yogur y Galletas
LUNCH
Tiras de Pollo / Pan Hawaiano
Pure de Papa Chips de Manzana

VIERNES 19

Barra de Desayuno
LUNCH
Pizza de Queso
Brocoli
Pina

LUNES 22

Pan de Platano
LUNCH
Taquitos de Pollo y Salsa
Ensalada de Frijol negro c. Elote
Pasas Sabor a Sandia

MARTES 23

Barra de Pan Frances
LUNCH
Hamburguesa c. Tocino y Queso
Papas Fritas
Manzana en Rodajas

MIERCOLES 24

Panecillo en Palito
LUNCH
Tamales de Pollo
Elote
Salsa Y Mango c/ Tajin

JUEVES 25

Mollete de Chocolate
LUNCH
Pollo Ala Naranja c. Arroz
Brocoli
Mandarinas

VIERNES 26

Frudel de Cereza
LUNCH
Pizza de Pan Frances
Verduras Mixtas
Hielito de Fruta

LUNES 29

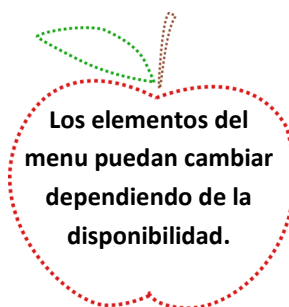
Panecillo de Manzana
LUNCH
Palitos de Pescado
Gajos de Papa Sazonadas
Uva Fresca

MARTES 30

Pop-Tart Palito de Queso
LUNCH
Macarron c. Carne Palitos de Pan c. Ajo
Verduras
Gajos de Naranja

MIERCOLES 31

Pan de Arandano
LUNCH
Picaduras de Pollo / Waffles y Miel
Ponche
Apple Crumble



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